

ROXY DAVIS

F O U N D A T I O N

Ocean Based Therapy



JANUARY 2026 NEWSLETTER

FEB SURF THERAPY VOLUNTEER: SIGN UP

➤➤➤ ABOUT THE ROXY DAVIS FOUNDATION

The Roxy Davis Foundation creates inclusive ocean experiences for individuals with disabilities through Surf Therapy and ocean-based programmes. In a safe, supportive environment, participants build confidence, find joy, and connect with the healing power of the ocean, made possible by dedicated volunteers and partners.

REGISTRATION FOR 2026

Registration is officially open for our Surf Therapy Programme! Open to volunteers and persons with disabilities, this life-changing experience welcomes both returning participants and first-timers. Come experience the confidence, joy, and magic of the ocean with us.

Please fill out the once-off indemnity form which is required at the beginning of each year below

2026 INDEMNITY FORMS
SURFER FORM **VOLUNTEER FORM**



>>> NEWS ABOUT PARA SURFING

2025 ISA WORLD PARA SURFING CHAMPIONSHIPS

In November 2025 our South African para surfers stepped onto the world stage at the 2025 ISA World Para Surfing Championship, held in Oceanside, California. Every heat, and every moment in the water reflected the heart and spirit of South African surfing. Team South Africa placed 10th out of 24 nations, proudly standing among the world's best para-surfing teams.



>>> RESULTS FROM OUR SURFERS

Final individual results for Team South Africa

Ant Smyth – 2nd Men's Stand 1 Division

JP Veaudry – 4th Men's Stand 2 Division

Sabelo Ngema – 7th Men's Visually Impaired 2 Division

Noluthando Makalima – 9th Women's Prone 2 Division

Raemondo Lessing – 11th Men's Prone 2 Division.

>>> DURBAN, KWAZULU NATAL 2026 SA PARA SURFING CHAMPIONSHIPS

SA Para Surf Championships will be held on the 18th & 19th April 2026 at New Pier, Durban, Kwazulu Natal

. Individual entries are allowed and can be submitted via the link below.

[SA Para Surf Champs Entry](#)



>>>2026 PROGRAMME OBJECTIVES

This year our programmes are focusing on three key objectives.

The Spark - The Bridge - The System Shift

Our programmes utilise Ocean Therapy including surf therapy and adaptive surfing as **THE SPARK** to unlock physical, mental and emotional wellbeing and we are excited to continue building, growing and improving in this area.

THE BRIDGE will continue to focus on education, health, sport and employment pathways and **THE SYSTEMS SHIFT** will contribute to longer-term systems change by demonstrating what inclusive design can look like in practice.

Your support helps us expand opportunities and create ripple effects of inclusion that extend far beyond the shoreline.

>>>FEBRUARY SURF THERAPY

Saturday 7th February 2026

To register as a volunteer please [click here](#)

>>>TRAINING & MENTORSHIP COURSES

We recently completed our first international Surfing Association Level 1 Surf instructor Course with volunteers and participants. After completing the course and requirements, this group will become certified International Surf Instructors. Supporting the blue economy and creating jobs within our community. Congratulations to everyone that attended! Click here to watch the video: [ISA Level 1 Surf Instructor Course](#)

Thank you Slingshot Media for the video!

>>>INTERNATIONAL WHEELCHAIR DAY

International Wheelchair Day (IWD) is a global awareness day held every year on 1 March. This year we will be partnering with International Society of Wheelchair Professionals and Shonaquip on Saturday 7th March 2026 to raises awareness of mobility rights and promote accessibility, inclusion and universal design. [CLICK HERE](#)

>>>WATERFRONT CANAL CHALLENGE

The Waterfront Canal Challenge is an annual urban canal swim hosted by the Rotary Club of Waterfront in Cape Town. This unique event brings together swimmers of all ages and abilities to compete in a timed race through the scenic Waterfront Canal. The Roxy Davis Foundation members participate in collectively swimming the mile together in relay! Come and join us! Find out more here: <https://waterfrontcanalchallenge.co.za/>



KEEN TO GET INVOLVED?

>>> THERE ARE MANY WAYS YOU CAN GET INVOLVED

Whether it's through a once-off donation, monthly giving, volunteering your time, or simply sharing our mission, your support makes a real difference. [Click here for more info](#)

THANK YOU TO OUR PARTNERS <<<

Thank you to our partners, donors, friends and families for their continued support to make these programmes possible AND a very special THANK YOU to all our dedicated volunteers who donate their time! Visit our partner page here [Donors Sponsors and Partners](#)



WHY YOUR DONATION MATTERS

Your support enables the us to deliver life-changing surf therapy and inclusive ocean-based programmes to those who need them most. Donations also make it possible to train and mentor volunteers, equipping them with the skills, experience, and exposure needed to support inclusive and adaptive environments. Together, this creates a ripple effect of access, empowerment, and lasting community impact.

Tax Deductible: All donations are tax-deductible.

BEE Advantage: Your contribution elevates your BEE score by fulfilling your corporate social responsibility (CSR) spend for BEE purposes.



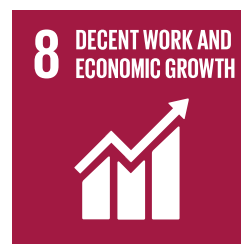
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IF YOU WOULD LIKE TO UNSUBSCRIBE FROM OUR NEWSLETTER, KINDLY EMAIL US AT [INFO@ROXYDAVISFOUNDATION.ORG](mailto:info@roxydavisfoundation.org)

>>> OUR SUSTAINABLE DEVELOPMENT GOALS

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Our Sustainable Development Goals

The Roxy Davis Foundation aligns its work with the United Nations Sustainable Development Goals (SDGs) to ensure our programmes contribute to meaningful, long-term social and environmental change. Through inclusive surf therapy, mentorship, skills development, and advocacy, we address inequality at both an individual and systems level.

>>> IMPACT

Research that informs and strengthens inclusive surf therapy practice continues to grow. Read the recent peer-reviewed article in *Frontiers in Sports and Active Living*. The study explores surf therapy and its role in supporting wellbeing and inclusive, ocean-based approaches. This research helps shape evidence-based practice in our field, you can find it here:

[Frontiers Journals/sports-and-active living](https://frontiersin.org/journal/sports-and-active-living).

>>> GALLERY

Thank you to Colin Fitch and Grant Scholtz for generously donating their time at the December Surf Therapy and Beach Day and for beautifully capturing these moments. Please find the link to the image gallery below. When using the images, we kindly ask that you do so thoughtfully and respectfully, honouring the dignity of everyone involved. [Image Gallery](#).

>>> WORDCLOUD

Experiences of participating on 6 Dec 2025



*Together, we can continue to create opportunities and make waves of change for those who need it most.
Thank you for being part of our community!
Warm regards, Roxy & The Roxy Davis Foundation Team*

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